

Packing List

Below is a suggested packing list to help you prepare for your week on campus. RYLA is a busy and fun-filled experience, with activities both indoors and outdoors. You'll be staying in a college dorm, so plan to bring everything you need to be comfortable for a full week away from home. If you forget something—don't worry! We've got extras of common items and a supportive staff ready to help.

Clothing

- 1-2 pairs of tennis shoes
- 5-6 pairs of socks
- 3 pairs of shorts
- 3-4 pairs of jeans/pants
- 4-6 short sleeve t-shirts
- 1-2 long-sleeve shirts or layers
- Workout clothes (for group activities)
- Pajamas/sleepwear
- Swimwear - for event that includes water activities on campus (optional)
- 1 lightweight jacket or hoodie
- Undergarments for each day

Self-care supplies

- Handsoap** (not provided in the dorm bathrooms)
- Toothbrush and toothpaste
- Bodywash, shampoo, conditioner, shower essentials
- Deodorant
- 1-2 bath towels
- 1-2 hand towels
- 2-3 washcloths
- Shower/bath mat

Bedding essentials

- Twin XL bedding
- Pillow and pillowcase

RYLA Specific

- \$40.00 CASH for Room Key
- Bug spray
- Sunscreen
- Sunglasses
- Notebook, pens, pencils
- Reusable water bottle
- Small backpack or tote bag

Optional, but nice to have

- Money for snacks or the bookstore
- Snacks for free time or before bed
- Flip flops/sandals (for showers or lounging)
- Hat or baseball cap
- Bag for dirty clothes/laundry
- Clothing hangers